

Greetings from the Diabetes Prevention & Control Program (DPCP) and welcome to the January 23rd edition of the "DPCP FYI". Each FYI is received by over 350 diabetes care professionals in and around South Dakota. If you have trouble with the links or attachments, the e-bulletin is also posted on the DPCP website at <http://diabetes.sd.gov>. If you have suggestions for improvements to the FYI or if I can otherwise be of assistance, please let me know.

Colette

This issue's topics~

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Summary of Revisions to the American Diabetes Association's 2006 "Standards of Medical Care for Diabetes"

Published in the 2006 ADA Clinical Practice Recommendations are the new A1c goals for individual patients, which was changed to 6%. The following are a summary of some of the changes in the 2006 ADA Clinical Practice Recommendations.

1. Assessment of glycemic control: Use of point-of-care testing for HbA1c (A1C) allows for timely decisions on therapy changes, when needed
2. Glycemic goals
 - a. The A1C goal for patients in general is <7%
 - b. The A1C goal for the individual patient is an A1C as close to normal (<6%) as possible without significant hypoglycemia
3. Nephropathy
 - a. To reduce the risk of nephropathy, protein intake should be limited to the Recommended Dietary Allowance (RDA) (0.8 g/kg) in those with any degree of chronic kidney disease (CKD)
 - b. Serum creatinine should be measured at least annually for the estimation of glomerular filtration rate (GFR) in all adults with diabetes regardless of the degree of urine albumin excretion. The serum creatinine alone should not be used as a measure of kidney function but rather used to estimate GFR and stage the level of CKD.

The American Diabetes Association's Clinical Practice Recommendations are available at http://care.diabetesjournals.org/content/vol29/suppl_1/#top

SD Diabetes Coalition receives Wellmark Foundation funding for Strategic Plan implementation

The Wellmark Foundation has awarded \$72,250 to the SD Diabetes Coalition for implementation of the SD Diabetes Strategic Plan. The Plan is currently being developed by the SD Diabetes Strategic Planning Coalition-an ad hoc multi-organizational group with the desire to reduce the burden of diabetes and improve the quality of life for all persons affected by diabetes in South Dakota.

Diabetes and Depression Information

The February mailing of the Diabetes Information Link will include information about diabetes and depression. This information, adapted from the National Institutes of Health's Publication No. 02-5003, can be viewed at <http://diabetes.sd.gov>. Let Colette know if you would like to receive free copies of the brochure.

A Cross Cultural Workshop About the Difference Between the Deaf and Hearing Cultures

The Sioux Falls branch of Communication Services for the Deaf is hosting a cross cultural workshop about the difference between the deaf and hearing cultures on February 2nd. Further information is available at <http://diabetes.sd.gov>.

Requesting proposals for a Diabetes Education Coordinator

The SD DPCP is soliciting proposals to contract for a Diabetes Education Coordinator to coordinate the Diabetes Education Recognition Program (DERP) and professional and consumer education for the diabetes program. The full Request For Proposal is posted at <http://diabetes.sd.gov>. The anticipated timeline for this is RFP is~

RFP Publication	January 20, 2006
Deadline for Submission of Written Inquiries	February 3, 2006
Responses to Contractor Questions	February 10, 2006
Proposal Submission Postmark Deadline	February 24, 2006
Anticipated Award Decision/Contract Negotiation	March 3, 2006

SD Slips in Percentage of Dentate Adults With Diabetes Who Receive a Dental Visit in the Previous Year

CDC has released a report, "Dental Visits Among Dentate Adults with Diabetes --- United States, 1999 and 2004," which features new estimates from the Behavior Risk Factor Surveillance System (BRFSS). The report, published in the *MMWR Weekly Report* on November 25 (<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5446a3.htm>), provides state-by-state estimates from the 2004 BRFSS on the percentage of dentate adults with diabetes who reported having a dental visit during the previous year. **In 1999, 71.2% of SD adults with diabetes reported having a dental visit in the previous year. This rate slipped to 63.9% in 2004.** The *Healthy People 2010* objective is 71% of people with diabetes having a dental visit in the previous year. The SD Oral Health web site is at www.state.sd.us/doh/OralHealth/index.htm.

A brochure entitled *Diabetes and Your Mouth* is available at www.state.sd.us/doh/catalog.htm. To view/order, click on the "Health Promotion" box. Using the internal scroll bar toward the right side of the screen, scroll past the All Women Count (BCCCP and Wise Women) and Cardiovascular Disease headings to Diabetes. You can order materials from any of these programs free of charge. When done entering requested amounts, go to "Proceed to Checkout" at the bottom of the page. It takes 2-3 weeks for materials to be received.

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If you have been forwarded this message and would like to become a regular recipient or if you no longer wish to receive this information, please email colette.beshara@state.sd.us.

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